

प्रा. (डॉ.) भालबा विभूते, एम्.ए., पीएच.डी.
संचालक व विभाग प्रमुख
Prof. (Dr.) Bhalba Vibhute, M. A., Ph.D.
DIRECTOR & HEAD



प्रौढ आणि निरंतर शिक्षण व विस्तार कार्य विभाग
शिवाजी विद्यापीठ, कोल्हापूर-४१६ ००४.
DEPARTMENT OF ADULT AND CONTINUING
EDUCATION & EXTENSION WORK
SHIVAJI UNIVERSITY, KOLHAPUR-416 004.

पत्र/पत्रिका/प. मान्यता/

दिनांक : ०४/०८/२०१३

प्रति,
सु. प्राचार्य
कला वाणिज्य महाविद्यालय,
सातारा

विषय :- मार्शल आर्ट्स प्रशिक्षण प्रमाणपत्र अभ्यासक्रम (१० दिवस) सुरु करण्याबाबत...

महोदय/महोदया,

आपण मागणी केल्याप्रमाणे प्रौढ आणि निरंतर शिक्षण व विस्तार कार्य विभागातर्फे आपणस
मार्शल आर्ट्स प्रशिक्षण प्रमाणपत्र अभ्यासक्रम (१० दिवस) सुरु करण्यास मायता देण्यात आली आहे.
नरी, खालील बाबींची पूर्तता करून सदरचा वग सुरु करण्याबाबत कार्यवाही सुरु करावी.

१. शोबत दिलेल्या पत्रेला अर्ज भरून घेवून अर्ज आपल्याकडे ठेवावेत
२. वगाने २०१६ सांख्यिकी अंशणा-या विद्यार्थ्यांनाच उपस्थिती प्रमाणपत्र देण्यात येईल.
३. अभ्यासक्रमात दिल्याप्रमाणे थैअरी व प्रात्यक्षिक तास घेण्यात यावेत
४. सदरचा वग दि. १९ ऑगस्ट २०१३ पर्यंत सुरु करण्यात यावा
५. महाविद्यालयाकडे जमा होणा-या शैक्षणिक शुल्काच्या २०% फी (रु. ३००/- च्या प्रमाणात)
आणि प्रवेश फी प्रत्येकी रु. २५/- व नाजी विद्यार्थी संघटना फी प्रत्येकी रु. २५/- या प्रमाणे
प्रत्येकी या प्रमाणे मा. वित्त व लेखाधिकारी, शिवाजी विद्यापीठ, कोल्हापूर यांच्या नावे डी.डी.
काढून ता. विभागात दि. ३१ ऑगस्ट, २०१३ पर्यंत जमा करावा
६. विद्यार्थ्यांची पत्यासहित (इंग्रजी/मराठीमध्ये) तसेच अनु. जाती., अनु. जमाती., विमुक्त भटक्या
जनाती या संघर्षाचा उल्लेख करून यादी व वंशापत्रक तसेच शिक्षकांची नावे व पत्यासहित
यादी डी.डी. सोबत विभागाकडे पाठवून द्यावे. विद्यार्थ्यांच्या यादीमधील नावांमध्ये नंतर कोणताही
बदल करण्यात येणार नाही.
७. अभ्यासक्रमाचे रेकॉर्ड, जमा खर्चाच्या नोंदी स्वतंत्रपणे ठेवाव्यात आणि विद्यापीठाने मागणी
केल्यास त्याची पूर्तता करावी.
८. विभागाच्या निशमाय पालन होत नाही असे निदर्शनास आल्यास आपल्याला अभ्यासक्रम सुरु
करण्याबाबत दिलेली मान्यता काढून घेतली जाईल.
९. वग सुरु करण्यापूर्वी किमान ७ दिवस अगोदर विभागात लेखी कळविणे आवश्यक आहे.

आपण दिलेल्या सहकार्याकडून आभारी आहे आणि यापुढेही आपला सततचा सहभाग
निश्चय, ही अपेक्षा
कर्याव.



ARTS AND COMMERCE COLLEGE
In No. 171 466
Date 13 AUG 2013

आपला वि. वा.सू.

Principal
& Commerce College
Satala
पा. (डॉ.) भालबा विभूते
संचालक व विभागप्रमुख

जिम्मेदार
शा. को. वि. विद्यापीठ

Satara Maratha Vidya Prasarak Samaj, Satara

ARTS AND COMMERCE COLLEGE, SATARA

(National Assessment and Accreditation Council (NAAC) Re-Accredited, 'C' Grade with CGPA 1.71)



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Sandip Patil
Physical director

Principal Dr. Yashwant Sambhajirao Patne
M.A., B.Ed., M.Phil. Ph. D

A&CC/ /Gymkhana / /2013-14

Date- 18/08/2013

To,
Manoj Chavan.
Martial Art coach,
Satara Martial Art Association.
Satara.
Subject: Coaching for Martial Art training.
Respected Sir,

I am writing this letter on behalf of the Arts and Commerce College Satara. I am the Physical director of the college. Through this letter, I would like to show my gratitude to you for working with us. We have worked together since 2011. It is a long relationship with you and our college. You have always given us a first class coaching and also your valuable advice and time.


We really grateful to you with your support, our college is one of the leading college for kabaddi in this town. We want to hold this name in next.


Shivaji University Kolhapur granted us Martial Art Training Course. Its Duration is 10 Days. For this training we need your valuable time and technique skill. So please accept our invitation and oblige.

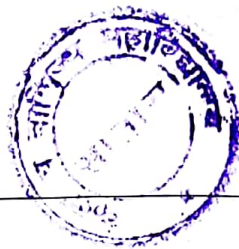
We look forward to having your esteemed presence at the camp; please send us a confirmation letter as soon as possible.

Thanking you,

Yours faithfully,


Physical Director,
Arts & Commerce College,
Satara.


Principal,
Arts & Commerce College,
Satara.




Principal
Arts & Commerce College
Satara

Satara Maratha Vidya Prasarak Samaj's
Arts and Commerce College, Satara
Gymkhana

Notice

Date- 20/08/2013

All the students of B.A. ,B.Com are hereby informed that Shivaji University and gymkhana of the college is going to orgnise Martial Art Training camp for the students ON 26th August 2013 to 4th September 2013. Those students who are intrested for this Martial Art Training camp contact to physical Director Sandip B. Patil. All the students shouild remain present in time for the medical checkup camp .

Day and Date : Monday, 26th August 2013

Time: 04 . 00 p.M. to 05.30 P.M.

Venue :

1. B. A. Students- Hall No- 15



Physical Director,
 Arts &Commerce College,
 Satara.





Principal,
 Arts &Commerce College,
 Satara.




Principal
 Arts & Commerce College
 Satara.

Time Table of Martial Arts Course

DATE	Skill	Time	Date
1	Information about the game, the type of exercise required, demonstration.	04P.M. 05.30 P.M.	26.08.13
2	Exercise and Punch Type.	04P.M. 05.30 P.M.	27.08.13
3	Exercise and Kick Type.	04P.M. 05.30 P.M.	29.08.13
4	Exercise, Defend Kick and Punch.	04P.M. 05.30 P.M.	30.08.13
5	Exercise, Fight Type.	04P.M. 05.30 P.M.	31.08.13
6	Exercise, Fight Technique.	04P.M. 05.30 P.M.	01.09.13
7	Repetitions Fight.	04P.M. 05.30 P.M.	02.09.13
8	Repetitions Fight.	04P.M. 05.30 P.M.	03.09.13
9	Competition	04P.M. 05.30 P.M.	04.09.13


Physical Director,
Arts & Commerce College,
Satara.


Principal,
Arts & Commerce College,
Satara.




Principal
Arts & Commerce College
Satara.

Information of coach

Name: Chavan Manoj Anandrao

Experience: Experience for 5 years training

SQAY ASSOCIATION OF SATARA

Black Belt 2nd Dan SQAY Martial Art

Black Belt 1st Dan Karate

3rd Time Gold Medalist In Shivaji University



Physical Director,
Arts & Commerce College,
Satara.




Principal,
Arts & Commerce College,
Satara.




Principal
Arts & Commerce College,
Satara.

OBJECTIVES OF Martial Arts Course

1. To learn the rules, fundamental skills, and history of Marshal Art .
2. To understand the structure, physiological, and performance effects of Martial Art.
3. To improve physical fitness, balance, flexibility and strength through Martial Arts.
4. To improve Self-Discipline And Behavior Modification



Physical Director,
Arts & Commerce College,
Satara.



Principal,
Arts & Commerce College,
Satara.



Principal
Arts & Commerce College
Satara.

Outcomes of Martial Arts Course

1. Through the training of this game, students used to exercise regularly.
2. The students got information about martial arts rules and regulations. Make the interest of students of martial arts game
3. Due to this training the students achieved leadership qualities



Physical Director,
Arts & Commerce College,
Satara.



Principal,
Arts & Commerce College,
Satara.



Principal
Arts & Commerce College
Satara.



Report

Martial arts training camps were organized in association with Shivaji University, Kolhapur and Arts and Commerce College Satara. The training took place from 26 August, 2013 to 5 September, 2013. Manoj Anandrao Chavan was appointed as a martial arts coach for this training. In the total 10-day training, the technique of punch type, kick type, and fight was guided purely.

The inauguration of the training was under the guidance of Principal of the college. College students need self-protection and told the students that martial arts training will help them acquire it properly. On the first day, the exercise type required for this game and the demonstration of this game has been shown. Competitions were organized on the last day of the training and the importance of this game was told once again. Professor Sandeep Patil thanked the training coach Manoj Chavan and the participants. It was announced that the training was completed. This training resulted confidence among the students. The students started exercising regularly.

Prof. S. B. Patil
Physical Director
Arts & Commerce College,
Satara.




Principal
Arts & Commerce College
Satara.